

Theraquatics.com

Wellness in Water

2016-17



AQUATIC FITNESS CATALOG

All enquiries: sales@theraquatics.com

EFFECTIVE MAY 2016



ITEM 6035

SLIMLINE BARBELL

\$6.65 EACH

Light resistance closed cell foam with cushioned hand grip. Sold individually.

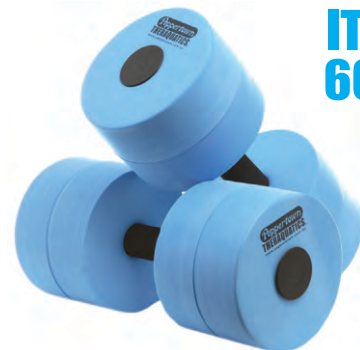


ITEM 6013

BUDGET BARBELL

\$6.70 EACH

Medium resistance bar bell designed for aqua aerobics, therapy and rehabilitation. Sold individually.



ITEM 6014

AQUATIC HAND BUOY

\$8.99 EACH

Resistance barbell intended for heavy resistance exercise in water. Sold individually.



ITEM 6046

EASY GRIP DUMBBELLS

\$9.99 PAIR

Slotted dumbbells with easy, soft molded EVA grip. Excellent for arthritic hands. Sold in pairs.



ITEM 6056

X-HEAVY WATER WORKOUT DUMBBELL

\$12.30 EACH

Maximum resistance dumbbell designed for heavy exercise in water. Sold individually.



ITEM 6033

AQUA GLOVES

\$7.99 PAIR

Finger cut outs in soft pliable neoprene gloves. Hook and loop closure around wrist. Sold in pairs.



ITEM 6047

DUMBBELL DISCS

\$12.55 PAIR

Closed cell foam discs with distinctive grip for comfort as well as multi-directional exercises. Sold in pairs.



ITEM 9332

WATER FITNESS PADDLE

\$19.50 PAIR

Adjustable fan blades to vary resistance. Build upper body strength and conditioning. Sold in pairs.



ITEM 9448

HYDRO-TONE HYDRO BELLS

Great training tool for upper body exercise. Unique 3-D design adds excellent resistance when in pool. Simply turn your wrist for different levels of intensity. Made from durable, high impact plastic. Sold in pairs.

\$69.99 PAIR

Order online and save time at: **Theraquatics.com**

Aquatic Exercise & Therapy Equipment

All sizes are indicative only.

Water Walking & Jogging Belts



ITEM 6019

WATER JOGGING BELT

Added back support relieves stress on lower back during aquatic exercise. Waist size: S/M 25"- 48", L/XL 25"- 56", XXL- up to 64".

\$14.50 S/M/L/XL \$19.50 XXL



ITEM 9118

TETHERED WATER JOGGING BELT

\$25.99

"Floating ring" sewn into webbing strap allows for tethered walking or stationary swimming drills. Waist size 25"-56". Tether (item 9118H) sold separately.



ITEM 9870A

WETVEST II ADULT

Flotation panels sewn into comfortable and snug fitting body vest. Provides warmth with secure and balanced support as well as total freedom of movement. Combine with neck collar for special needs swimmer. Sizes: Small to XXL.

\$189.00



ITEM 6038

AQUA FITNESS BELT

\$9.65

Removable closed cell foam pieces designed for custom fit and balanced buoyancy. Belts can be joined together for larger sizes.



ITEM 6018

SWIM BELT

\$8.95

Light weight flotation belt provides support and security for timid swimmer.

ITEM AP1



AQUA JOGGER CLASSIC BELT

AquaJogger's best-selling buoyancy belt. Great all round belt for most average body types. Promotes strength in lower back. Foam narrows at waist for comfort.

\$34.99

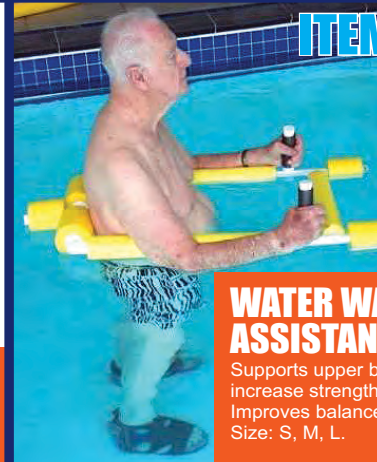


ITEM 6061

WATER AEROBICS BELT

\$15.95

Awsome belt with fabulous flotation properties. Soft on the skin and comfortable to wear. Suitable for waist size:30-62". Well priced.



ITEM 9194

WATER WALKING ASSISTANT

Supports upper body and helps increase strength in legs. Improves balance and gait. Size: S, M, L.

\$95.00



ITEM 9517

AQUAJOGGER FOR CHILDREN

High density, closed cell foam covered with nylon fabric. Quick release adjustable strap. Offers support for insecure swimmer.

\$18.95



ITEM 9541

WEIGHT ADJUSTABLE SWIM BELT

Neoprene belt with 28 weights. Used to release pressure on lower spine, open up spinal joints or lengthen spine. Also excellent aquatic sensory tool. 10lb weight limit. One size fits all.

\$60.50



ITEM 9317

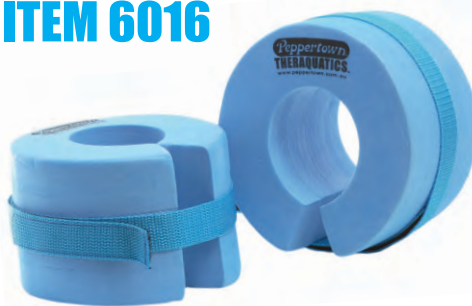
INFLATABLE ADULT SWIM RING

Inflatable ring used for medium sized adults. Provides support during vertical suspension activities. Size: Inside Circumference 42".

\$72.60

Aquatic Wrist & Ankle Cuffs

ITEM 6016



BUOYANCY CUFFS

Moderate resistance for ankles. Two styles: Velcro™ closure (Item 6016V) and buckle closure (Item 6016B). Sold in pairs.

\$7.45 6016V
\$7.95 6016B

ITEM 6050



RESISTA STRAPS FOR BUOYANCY CUFFS

Convert Buoyancy Cuffs into resistance cuffs using versatile slip-on strap with floating D ring. Excellent for tethered exercises. Sold in pairs.

\$12.90 PAIR
CUFF + STRAP

ITEM 9526



WATER GEAR PROFESSIONAL AQUA CUFF

\$39.99 PAIR

Soft neoprene-coated foam for comfort fit. Fully adjustable foot and ankle straps for secure fit. One size fits all. Resistance: Medium/blue (Item 9526M) and heavy/red (Item 9526H). Sold in pairs.

ITEM 6002



BALANCE RINGS

For spinal traction or additional flotation for arms and legs. Internal circumference: 18" (large 6002L) and 13" (small 6002S). Sold individually.

\$6.95 SMALL
\$8.95 LARGE

ITEM 6017



AQUATIC CUFFS

\$7.95 EACH

For ankles. Designed to increase muscle strength and aerobic conditioning. Sold individually.

ITEM 8008



AQUATIC ANKLE CUFFS

\$22.50 PAIR
\$9.50 8008E PAIR

Sand-filled neoprene cuff for comfort fit. Velcro™ closure. Weighs 2.2lb per cuff. Sold in pairs. 8" extender straps available for larger ankles (Item 8008E).

ITEM 9530



WEIGHT ADJUSTABLE AQUATIC CUFFS

\$24.75 EACH

Eight removable vinyl covered weights inserted in each cuff. Smooth fit. 4.8lb limit per cuff. Sold individually.

ITEM 9276



BUOYANCY WRAP

\$9.99 PAIR

Add flotation with ease to any wrist, ankle, arm or leg. Suspend a limb during aquatic therapy or provide resistance in therapy or aerobics in pool. Sold in pairs. Size: 25"L x 4.75"W x 3/4"thick.

ITEM 8009A



BUDGET AQUATIC BALANCE BOARD

\$49.99

Light weight molded plastic balance board with slip resistant top. Adapted for rehabilitation in water.

ITEM 9338



AQUA STEP

Light weight, easy to stack, molded fiberglass step with non-slip tread. Useful tool in aquatic therapy and aqua aerobics. Sizes: Large (Item 9338L) and Small (Item 9338S).

\$99.00 LARGE
\$70.00 SMALL

ITEM 9449



HYDRO-TONE HYDRO BOOTS

\$139.95 PAIR

Boots designed for maximum resistance. 3 sections of 3D fins allow for maximum articulation of the foot which gives user great stability in water. High-impact plastic, foam cushion pads.

Order online and save time at:

Theraaquatics.com
Aquatic Exercise & Therapy Equipment

FABRIC FLOATS

These distinctive floats provide the swimmer with excellent support for neck, hips and knees. Our floats form the basis for many aquatic therapy techniques.

ITEM 9401



NECK COLLAR

Soft, comfortable collar to fit closely around neck to aid buoyancy and allow freedom of movement. Sizes: Adult (item 9401A), Child up to 45 lbs (9401C), Baby up to 15 lbs (item 9401B).

\$56.75 ADULT \$52.95 CHILD \$50.20 BABY

ITEM 9401P



NECK COLLAR WITH PRESS STUD

Same as the original Neck Collar (Item 9401) but has press stud closure under the chin. Sizes: Adult (Item 9401PA), Child up to 45lbs (Item 9401PC), Baby up to 15lbs (Item 9401PB).

\$58.75 ADULT \$54.95 CHILD \$52.20 BABY

ITEM 9309



SAUSAGE FLOAT

\$75.55

Soft, comfortable float used as knee support to give correct positioning or offer relaxation when used with neck and hip floats during aquatic therapy.

ITEM 9308



HIP FLOAT

Soft pouches attached to fabric sling. Molds around various body shapes and assists in correct positioning during aquatic therapy. Sizes: Adult (Item 9308A), Child (Item 9308C), Baby (Item 9308B).

\$81.45 ADULT \$71.35 CHILD \$64.85 BABY

ITEM 9307



POSTURE PILLOW

Soft neck float designed for greater support around head during aquatic therapy. Comfortable with adjustable buckle closure. Sizes: Adult (Item 9307A), Child up to 45lbs (Item 9307C), Baby up to 15lbs (Item 9307B).

\$78.95 ADULT \$74.25 CHILD \$68.55 BABY

ITEM 9311S



CORNER PILLOW WITH TIES

Soft pillow to use in pool corner or attach to rails. Provides head support and comfort for patients during aquatic therapy.

\$69.40

ITEM 9310



BOLSTER

Large log shape float used for positioning patients during aqua therapy.

\$74.80

ITEM 9270



GATHERED POSTURE PILLOW

\$86.15

Same as Posture Pillow (Item 9307) with added benefit of drawstring at top of float which can be adjusted for further leverage of head during aqua therapy. Adult size only.

ITEM 9875



BODY SLING

Generous sized sling for greater stability. Used to float on front, back or side. Sizes: Adult (Item 9875A), Child up to 45lbs (Item 9875C), Baby up to 15lbs (Item 9875B).

\$105.05 ADULT \$83.55 CHILD \$71.45 BABY

ITEM 9398



SQUARE FLOAT

\$105.85

The Square Float (Item 9398) is suitable for larger patients or swimmers with a disability that require maximum support. Compliment with Pelvic Float (Item 9399).

ITEM 9397



SWIM RING

Generously proportioned fabric ring with front opening. Comfortable alternative to inflatable ring. Sizes: X-Small (Item 9397XS), Small (Item 9397S), Medium (Item 9397M), Large (Item 9397L).

**\$78.05 X-SMALL \$106.60 MEDIUM
\$92.35 SMALL \$117.20 LARGE**

Hi-Support Floats

ITEM 9404

SWIM TRAINER

\$24.90 ALL SIZES

Robust PVC ring with five inflatable chambers. Clip fastener and inflatable shoulder straps for fast and secure fitting. Allows swimmer to float in an upright or forwards position while secured into the float. Sizes: Small 17-39lbs (Item 9404S), Medium 33-66lbs (Item 9404M), Large 44-79lbs (Item 9404L).

ITEM 9503

CEREBRAL PALSY FLOAT SUIT

Designed for swimmers with significant physical and neurological disabilities. Stabilises body in water and prevents self-rolling. Cannot slip out of suit. Adjustable to allow for growth. Two levels of support. Standard (Item 9503) and High Support (Item 9503H).

\$449.00 STANDARD **\$495.00** HIGH SUPPORT

ITEM 9104



INFLATABLE UPRIGHT FLOAT \$7.95

Enables swimmer to maintain an upright position in water with low level head and neck support. Excellent for swimmer who tires when holding up head and needs a small rest. Inner circumference 25".

ITEM 9501



UPRIGHT FLOAT

Soft triangular shaped float with front opening for easy fitting. Provides underarm support as well as shoulder and neck support. Sizes: Large (Item 9501L), Medium (Item 9501M), Small (Item 9501S).

\$102.40 LARGE **\$90.20** MEDIUM **\$80.35** SMALL

ITEM 9396



SQUARE FLOAT WITH SEAT

Adjustable seat attached to stable Square Float. Allows swimmer to kick and splash freely in upright position as well as maintain eye contact with others in the pool. Sizes: Adult (Item 9396A), Child (Item 9396C), Baby (Item 9396B).

\$199.95 ADULT
\$189.95 CHILD
\$179.95 BABY

ITEM 9318



AQUA FLOAT

\$79.95

Aquatic lounger. Use in sensory aquatic program. Floating in water creates a controlled vestibular sensation. High sides provide effective barrier against rolling into water. Comfortable and relaxing. Size 47"L x 31"W x 7"D.

ITEM 9502



HI-SUPPORT UPRIGHT FLOAT

A float for swimmers who have poor head control but are able to float inside a ring. Large pillows at front and back of float capture and support the head. Social float as able to maintain an upright position in pool. Sizes: Large (Item 9502L), Medium (Item 9502M), Small (Item 9502S).

\$125.00 LARGE **\$105.00** MEDIUM **\$95.00** SMALL

ITEM 9504



HIGH-SUPPORT UPRIGHT FLOAT WITH SADDLE

Same as Hi-Support Upright Float (9502) with added benefit of saddle. Enables swimmer to maintain an upright position in the water while being seated inside the float. Sizes: Medium (Item 9504M), Small (Item 9504S).

\$195.95 LARGE **\$159.10** MEDIUM **\$119.99** SMALL

ITEM 9870C

WETVEST II CHILD

Flotation panels sewn into comfortable and snug fitting body vest. Provides warmth with secure and balanced support as well as total freedom of movement. Combine with neck collar for special needs swimmer. Sizes: XXXSmall to XSmall.

\$135.00



ITEM 6001



FOAM COLLAR

For swimmers who prefer a foam flotation device. Supports head above the water to enable an upright position. Sizes: Adult (Item 6001A), Child (Item 6001C).

\$25.99 ADULT **\$19.99** CHILD

ITEM 9239



BODYFIT INFLATABLE NECK COLLAR

\$24.95

High support inflatable neck collar which keeps head above water and body in a vertical position. Velcro™ tie provides a snug fit. Youth/Adult size only.

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All sizes are indicative only. Prices subject to change.

Learn to Swim



ITEM S-720 DELPHIN ADULT SWIM BANDS

Increase or decrease buoyancy with multiple interconnecting waterproof foam discs per arm. Soft and fits all adult arm sizes. Sold in pairs.

\$49.99 PAIR



ITEM 9406 BEMA ARM BANDS

Inflatable water wings with large valves and smooth seams designed to allow for full arm movement. Sold in pairs. Sizes: Baby (Item 9406B) to Adult (Item 9406L).

\$19.99 PAIR



ITEM 6003 SWIM DISCS

Closed cell foam. Fits softly around arms, easy to put on and take off. Child size only. Sold in pairs.

\$8.95 PAIR



ITEM S-699 SWIMMING TECHNICAL TRAINER

Maintains an upright position or provides underarm support to practice kicking while horizontal in water. Sizes: Child/Youth (Item S-699 C), Adult (Item S-699A).

\$29..99

ITEM 9322



BACK FLOAT \$6.65

Closed cell foam flotation device. Straps onto child's back or front to assist in positioning in water.

ITEM 9321



BUBBLE BACK FLOAT \$7.25

Best seller. Four foam panels with adjustable belt that supports up to 50lbs. Panels can be removed as swimmer becomes more confident.



ITEM S-9043 NOODLE FUN SEAT

Solid 4" diameter noodle gives mesh seat extra stability. For swimmers who want to maintain a supported upright position in water.

\$19.99

ITEM 9835



Fun Stick \$5.99

Stretch out arms and grasp the Fun Stick for leg drills.

ITEM 6011



SWIM BAR \$15.99

Stable support for learn to swim exercise drills. A great all rounder. Padded grip for comfort. Length:29".

ITEM 9534



BEGINNERS SWIM FINS \$4.50 PAIR

Suitable for swimmers 2-5years. Soft pliable PVC. Easy to put on and take off. Sold in pairs.Colors: Green, orange,yellow.



ITEM FINIS-K KIDS SWIM FINS

Soft fins with adjustable Velcro™ heel strap. Fits wide range of childrens' foot sizes. Sold in pairs. Sizes: Toddler (Item FINIS-KT), Child (Item FINIS-KC). Blue only.

\$14.95 PAIR

ITEM 9510



KIDS NEOPRENE FINS \$29.60 PAIR

Recommended for young swimmers with special needs. Aid for better balance in water. Sold in pairs. Sizes: 2-3yrs (Item 9510A), 4-6yrs (Item 9510B).

ITEM 9289



SHORT BLADE ADULT TRAINING FINS

Adult sized swim fins that give an efficient kick and allow swimmer to focus on arm movements. Sold in pairs. Sizes: XXS to XXL (color coded).

RANGE FROM \$14.95-\$24.95

ITEM 6010



PULL BUOY \$7.35

Place between legs to give lower body enough buoyancy to not concentrate on leg work.Tool to learn arm stroke.

ITEM 7191 ITEM 7192



NUDGEE BEACH GOGGLES

Allows swimmer to place head under water without getting water in eyes. Allows for more relaxed and streamlined swimming. Styles: Clear Lens (Item 7191), Tinted Lens (Item 7192).

\$1.75 CLEAR \$1.95 TINTED

ITEM 9499



NOSE CLIP \$1.89

Keeps water out of nose which helps swimmer to intergrate breathing into stroke. One size fits all.



ITEM 9844 PING PONG BALLS \$0.35

Teach swimmer to blow bubbles by blowing balls across surface of water. Sold individually.



ITEM 9327 POACHED EGGS \$1.40

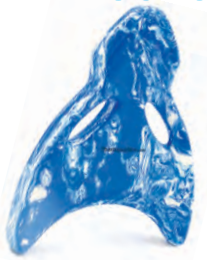
Blow at the right speed and flip egg over to change its color. Helps swimmer to develop breath control. Sold individually.

ITEM 9328



SEAL FLIPS \$19.99

Pack of 5 fun colored flips which attract and motivate the swimmer to breathe with confidence around water.

ITEM 6045**ROCKET KICKBOARD**

Firm kickboard for proper body position and kick technique during longer workouts in pool.

\$11.25**ITEM 6042****TEAM KICKBOARD**

Firm, compact board for adults. Easy to grip. Training aid to isolate leg work.

\$8.99**ITEM 6007****TRIANGLE KICKBOARD \$8.70**

Encourages streamlined body position in water. Great for single arm and side kick workouts.

ITEM 6005**BUDGET KICKBOARD \$4.45**

More flexible board suitable for younger swimmer to practice kicking drills.

ITEM 6012**SENIOR KICKBOARD \$9.99**

Great workhorse for adult swim training. Firm, rounded edge for comfortable grip.

ITEM 9853**KIDS EAR PLUGS**

Top selling soft silicone putty ear plugs in bright orange color. Molds to all kids ear sizes. Pack of 6.

\$3.95**ITEM 9849****ADULT EAR PLUGS**

Popular waterproof silicone putty ear plugs that mold into contours of ear. Suitable for youth and adult ears. Pack of 6.

\$4.95**ITEM 9535****EAR BAND-IT SWIMMING WRAP**

Holds ear plugs or ear molds in place while swimming. Sizes: Small (Item 9535S), Medium (Item 9535M), Adult (Item 9535L).

\$12.95**ITEM 20922****AQUA COMFORT CAP**

Adult over-sized swim cap for longer hair. Classic design, lightweight, quick drying and water resistant. Colors: Black or white. Sold individually

\$14.95**ITEM 39700****CRITTER CAPS**

Check website for our fabulous fish and feline designs. 100% soft, silky silicone cap. **\$5.99 EACH**

Pool Games

ITEM 8019**SINKING SMILEY FACE POOL SPOTS**

Set of four vinyl faces that sink to pool floor. Use as location points in pool games.

\$29.95**ITEM 8055****DOLPHIN SLALOM SET**

Colored and weighted hoops that sink to pool floor. Great game for body and spatial awareness in water.

\$10.75**ITEM 9258****DIVE BALLS \$19.99**

Rubber balls with easy to grasp neoprene tails. Excellent therapy tool in shallow water. Set of 4.

ITEM 8057**DIVE STICK GAME**

6 brightly colored bendable dive sticks that stand upright on pool floor. Easy visibility and grasping in therapy.

\$5.40**ITEM 9346****GIANT DIVING RINGS \$9.99**

Large rings for easy visibility, reaching and grasping games near surface of water or on pool floor. Set of 4.

ITEM 8046**FOOT PRINTS \$14.99**

Suction to pool surface but easy to remove. Therapy tool for foot positioning, balance and body awareness. Sold in pairs.

ITEM 8049**LITTLE DUCKS**

Palm sized therapy tool for reaching and grasping. Use for balance and coordination games in water as well as spatial awareness.

\$0.75 EACH**ITEM 9444****RUBBER CHICKEN**

Fling your chicken across the water. Highly visible, great for relays as well as tossing and catching games in the water.

\$9.99 EACH**ITEM 9386****DIVING REEDS**

Highly visible strips that float reed-like to the water surface. Develop breath holding and spatial awareness amongst the reeds. Set of 6.

\$68.90**Order online and save time at:****Theraquatics.com**
Aquatic Exercise & Therapy Equipment**7**

All sizes are indicative only. Prices subject to change.

WATER-PROOF BODY PROTECTION

For shower, bath and pool

ITEM 1004 ITEM 1005



DRYPRO WATERPROOF CAST AND BANDAGE PROTECTORS FOR ARMS OR LEGS

Shower, swim or bathe in these waterproof protectors with built in pump. Creates vacuum seal. Reusable. Available in full arm or leg sizes XS-L and half arm or leg sizes S&L. Leg (Item 1004), Arm (Item 1005).

\$40.95 LEG **\$39.95** ARM

ITEM 9567



OSTOMY POD

Two types of ostomy wraps, both of which secure and stabilize the pouch(es) with no visible bulges under clothing or swimwear. For daywear/beige color (Item 9567D) and for swimming/black color (Item 9567S). Sizes XXS-5XL.

\$25.99 9567D **\$29.99** 9567S



ITEM 1001

DRYPRO WATERPROOF OSTOMY PROTECTOR COVER **\$59.95** EACH

Water tight vacuum seal fits comfortably around ostomy pouch which stays dry and secure. Used in shower, bath or pool. Reusable. Sizes: XS to XL.

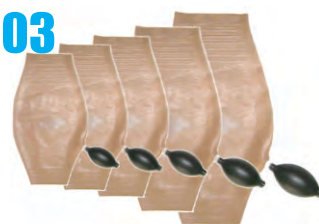


ITEM 1002

DRYPRO WATERPROOF PROSTHETIC COVER **\$70.95** EACH

A quick and simple alternative to removing a prosthesis before having a shower or swim. Cover prosthetic limb with vacuum sealed cover. Reusable. Sizes: XS to XL.

ITEM 1003



DRYPRO WATERPROOF LATEX FREE PICC LINE PROTECTOR

For swimmers receiving infusion therapy for antibiotics, chemotherapy and hydration and have a PICC line. Latex free sleeve keeps area around vein completely dry while showering or swimming. Reusable. Sizes XS to XL. **\$40.95** EACH



ITEM 9568

HIPSTER REUSABLE SWIM PANT

Excellent for swimmers with urinary or bowel incontinence. Elasticised waist and leg. No pads required. Meets public swimming pool standards. Sizes: Adult XS to L and Youth 6/8 to 14/16. Colors: Black, white, pink and royal blue. Refer website for further sizing details.

\$27.95 ADULT **\$23.95** YOUTH



ITEM GABPX

ADULT GARY WEAR ACTIVE BRIEF

Fits snugly over disposable diaper. The slimmer cut makes it less bulky, more form fitting and discreet. Waterproof as well as breathable. Colors: White or black. Sizes: 3XS to 5XL.

\$23.99 3XS-XL **\$27.99** 2XL-5XL



ITEM PU284

ADULT SWIM MATE SWIM DIAPERS

\$27.99

Unisex adult incontinence wear worn under swimwear as protection from urinary and bowel incontinence. Easy removal tear-away side system that can be thrown away. Sizes: S-XXL+.



ITEM 9520

DISPOSABLE SWIM DIAPER

Specifically for bowel incontinent swimmers. Fits discretely under swimsuit. Features elasticized legs and waist for a snug fit. Made of non-absorbent, breathable material.

\$4.99 ADULT **\$3.99** YOUTH **\$2.99** BABY



ITEM 9524

SOSecure CONTAINMENT SWIM BRIEF

\$49.95 XS-XL **\$59.95** 2XL-5XL

Hook and loop closure allows for maximum adjustability for most body shapes. Each size fits range of waist or hip measurements. Size: Adult XS-5XL and Youth XS to XL.



ITEM 9521

REUSABLE SWIM PANT

Our most popular swim pant. Unisex, full seated pant with elasticized waist and legs designed to protect swimmer against heavier urinary and bowel leakages. Sizes: Adult (9521A), Child (9521C), Baby (9521B).

\$19.95 ADULT **\$14.95** YOUTH **\$9.99** BABY

Order online and save time at:

Theraaquatics.com

Aquatic Exercise & Therapy Equipment

Phone: (334) 669-8838

(9 to 4.30 p.m. CST)

Fax: (334) 262-3400

email: sales@theraquatics.com

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